



Job Title: Wellness Advisor

Location: Institute of Rural Management Anand (IRMA), Anand - Gujarat

About IRMA:

The Institute of Rural Management Anand (IRMA) is a premier, national level Institute for Postgraduate, Doctoral and Mid-career/in-service education, research, and consulting in rural management. Founded in 1979, IRMA's mission is to promote all-around sustainable Rural Development through professional management.

Your clientele at the Institute is primarily students, employees and their families, contract workers, and MDP Participants. The clients shall contact the Wellness Advisor directly to fix their appointments.

Role Description:

- i) To explore difficulties which may include the stress-full or emotional feelings of the clients.
- ii) To help the client see things more clearly, possibly from a different viewpoint. This could enable the client to focus on feelings, experiences, or behaviour to facilitate positive change.
- iii) To establish a relationship of trust and maintain confidentiality with the clients.
- iv) To encourage clients to talk about issues they feel they cannot normally share with others. Actively listen to client concerns, empathise with their position, and accept without bias the issues raised by clients.
- v) To help clients towards a deeper understanding of their concerns; Challenge any inconsistencies in what clients say or do; Help clients make decisions and choices regarding possible ways forward; refer clients to other sources of help, as appropriate.
- vi) To carry out seminars twice a year for students and employees to help them and make changes based on the issues raised by clients.

Selection Criteria:

The Incumbent should be a MA in Clinical Psychology from a reputed University with at minimum five years of experience as a practitioner / consultant Psychologist. Excellent Communication skills with a good command of English and Hindi.



Age:

The incumbent age should preferably be around 35-40 years.

Nature of Appointment

The position would be purely for one year on a contractual basis and require working thrice a week for four hours each (It would be 03:00 PM to 07:00 PM). It may be extendable based on the performance and feedback review.

Remuneration:

The honorarium will be commensurate with the incumbent's qualifications, and experience.

To Apply:

Interested incumbents may please apply online by June 11, 2023, i.e., 23:59 at <https://www.irma.ac.in/careers/careers.php>.

Please Note:

The IRMA Director reserves the right to relax the prescribed selection criteria in the advertisement in case a suitable applicant is found fruitful for the position.

The Institute reserves the right to change/apply appropriate shortlisting criteria in case of a large number of applications.

Only short-listed candidates will be called for the interview, and no correspondence/interim enquiries/telephonic enquiries in the matter will be entertained.

IRMA is committed to equal opportunities and inclusion of all social groups, including people belonging to minority groups, Gender, Scheduled Castes, Scheduled Tribes, Other Backward Classes, and persons with disabilities.

Mere fulfilling the minimum qualifications and experience prescribed will not make an applicant eligible to be called for an interview.